

## Central East BCU-St Peters (Bethnal Green West) Safer Neighbourhood Team Newsletter July 2025

### Your Safer Neighbourhood Team:

PS Nic Cousin  
PC Imogen Cook  
PC Isabella Franchi  
PC Luke Telling  
PC Sarah Lee  
PCSO Lounes Ourafil  
PCSO Ghulam-Nabi Rezbi  
PCSO Peter Freeman

You can directly contact us on :

Email: [CEMailbox.StPeters@met.police.uk](mailto:CEMailbox.StPeters@met.police.uk)

You can join and follow us on :



<https://x.com/metpoliceuk>

@metpoliceuk



<https://nextdoor.co.uk/city/feed/?>

@Tower Hamlets Police



<https://>

[www.ourwatch.org.uktowerhamlets](http://www.ourwatch.org.uktowerhamlets)



<https://apps.apple.com/gb/developer/police-digital-service/id1675316837>

### Ward Crime Statistics

CRIME TYPE	CRIME IN NUMBER
Anti-Social Behaviour	104
Burglaries	14
Violent Offences	124
Thefts	39



**PROTECT YOUR  
VEHICLE FROM  
THEFT**

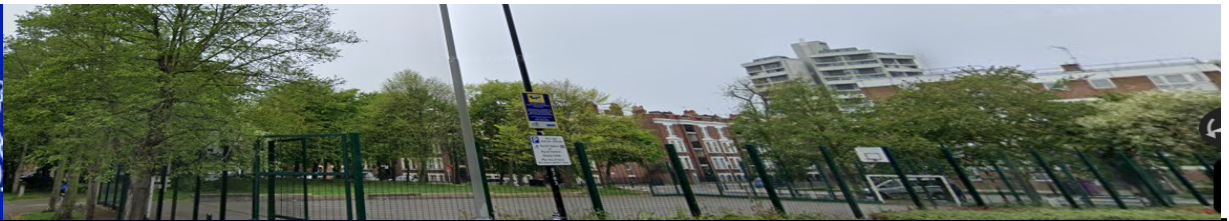
Don't let thieves get an easy ride. Follow these simple rules to protect your vehicle from thieves:

- ◆ Lock your vehicle
- ◆ Keep the keys safe
- ◆ Be aware of carjackers
- ◆ Park responsibly
- ◆ Watch for illegal tow trucks
- ◆ Fit good in-car security locks
- ◆ Double-check electronic locking
- ◆ Before owning, check for cloning
- ◆ Secure your port



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### What is happening in your area?

#### Met Engage Platform

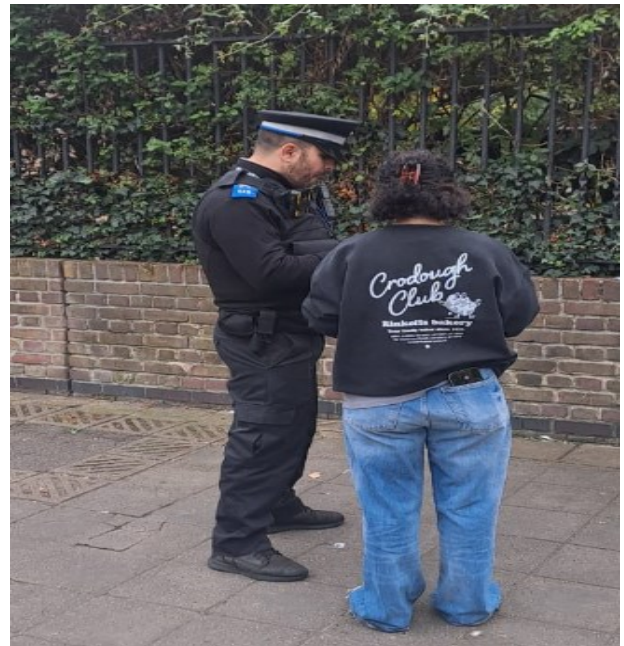
We're transforming the Met to become a service that truly delivers for you. Through our new platform Met Engage you can get to know your local officers, help shape how we police your local area and have direct access to key information and advice. This isn't just a platform for us to tell you what we're doing in your area, it's an opportunity for you to tell us what's concerning you most so we can take action on the things that matter to you.

**MET ENGAGE**  
Community crime-fighting

SIGN UP NOW to tell us what matters most to YOU  
[metengage.co.uk](https://metengage.co.uk)

Sign up today to tell us about the issues affecting you most, receive tailored crime prevention advice and updates on our activity in your area.

### Walk , Talk and Do



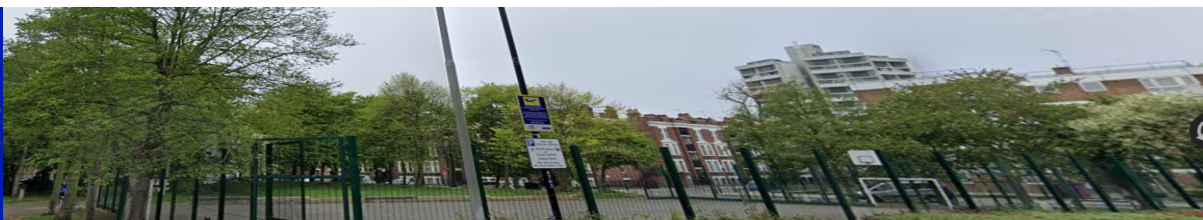
Multiple Walk, Talk and Do events have been organised throughout the ward and additional similar events are planned for August .The aim of Walk , Talk and Do is to engage and discuss with members of public so we can listen and respond to their concerns in order to improve safety for women and girls .These events present an opportunity for women & girls to meet our local officers and raise any issue regarding their safety.



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### Upcoming Events

#### Walk, Talk and Do

- 🕒 1:00PM - 2:00PM, Sat 02 August 2025  
📍 Weavers Fields Park E2

#### Walk, Talk and Do

- 🕒 12:00PM - 1:00PM, Fri 15 August 2025  
📍 Middleton Green Park E2

#### Property Marking Scheme

- 🕒 1:00PM - 2:00PM, Tue 19 August 2025  
📍 Bonner Gate/Sewardstone Road E2

#### Street briefing

- 🕒 1:00PM - 2:00PM, Tue 26 August 2025  
📍 Vyner Street/Cambridge Heath Road E2

### For more information visit:

<https://www.met.police.uk/area/your-area/met/tower-hamlets/bethnal-green-west/about-us/crime-map>

### How to report domestic abuse

If you're a victim of domestic abuse, or know someone who is, and there's an emergency that's ongoing or life is in danger, **call 999 now**. If you have a hearing or speech impairment, use our text phone service 18000 or text us on 999 if you've pre-registered with the [emergency SMS service](#).

### Useful Contacts

Email: [THH.ASB@towerhamlets.gov.uk](mailto:THH.ASB@towerhamlets.gov.uk)

**Tower Hamlets Noise Nuisance: 020 7364 5007**

**One Housing Group : 0300 123 9966**

**Gateway Housing : 020 8709 4300**

**Peabody Estates : 0800 022 4040**

**Tower Hamlets Homes : 0207 364 5015**



There are a number of things you can do to prevent burglaries. Don't be afraid to ask questions about anyone at your door – genuine callers won't mind. Always remember 'if in doubt, keep them out'. Use your door viewer to see who's there. If you open the door put the chain on first. Always ask for ID and check it with the company before letting somebody into your home. Use the phone number advertised in the phone book or online, as the number on their identity card could be fake. For a utility company, call the customer service department. Close the door while you do this. If you feel at all unsure, schedule a time for the caller to come back when a friend or relative is there. Pre-planned appointments with utility companies, a password scheme can be set up. If you feel threatened or in danger, please call 999.



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